

# Mitral obstruction in bacterial endocarditis

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**SUMMARY** Mitral obstruction due to a large vegetation of acute *Streptococcus viridans* endocarditis occurred in a 47 year old man. Serial echocardiography documented the rapid growth of the vegetation and its haemodynamic effects. Emergency mitral valve replacement was performed too late to reverse the course of fatal septic shock.

Bacterial endocarditis of the mitral valve usually results in mitral regurgitation.<sup>1,2</sup> Since 1967 we have been able to trace only seven cases of mitral obstruction as a complication of infective endocarditis in English language reports.<sup>3-9</sup> We report the preoperative diagnosis and the surgical management of this rare and lethal lesion.

## Case report

A 47 year old man was admitted to hospital with a pyrexia of 39°C, with chill and rigor, nausea, anorexia, and dysuria for two weeks. His symptoms had started 24 hours after extraction of a tooth. He had treated himself with dipyrone tablets only. His hypersensitivity to penicillins was recognised six years ago when he was operated on for a lumbar disc lesion. He had no history of rheumatic fever.

Physical examination on admission showed cachexia, a blood pressure of 130/80 mm Hg, and sinus tachycardia of 130 beats/minute. A grade 3/6 diastolic rumble and a grade 1/6 systolic murmur were heard at the apex. The chest radiograph showed mild cardiomegaly with prominence of the right border of the heart. The electrocardiogram confirmed sinus tachycardia with normal axis. There was polymorphonuclear neutrophilic leucocytosis with a total white cell count of  $12.0 \times 10^9/l$ . Urine analysis showed 1-2 white cells and occasional red cells per high power field, and the sample was sterile on culture. Blood cultures were also sterile. An echocardiogram (Fig. 1) showed a mildly stenotic thickened mitral valve with minimal regurgitation and an enlarged left atrium. No valvar or atrial vegetation was seen.

He was initially treated for urinary tract infection with gentamycin, which controlled the fever. An intravenous pyelogram did not provide any additional information. Three weeks later he developed atrial fibrillation, when a second echocardiogram was recorded. It showed severe mitral obstruction with minimal regurgitation due to a huge echogenic mass 2 cm  $\times$  4 cm in size, which nearly occluded the mitral orifice. The aortic valve was normal. The left ventricle was of normal size and contracted well (Fig. 1). Blood cultures at this stage grew *Streptococcus viridans*. The patient developed congestive heart failure. Conservative treatment with vancomycin, digoxin, quinidine, and frusemide for bacterial endocarditis and cardiac failure was started in view of his critical clinical condition. Nevertheless, he did not respond to medical management and gradually became hypotensive and required intubation and mechanical ventilation. Ten days later he was referred for cardiac surgery in a state of septic shock.

At operation a large pericardial effusion was noted and 4000 ml of straw coloured fluid was drained off both pleurae. The heart was enlarged with a very tense main pulmonary artery. A large greyish brown vegetation 2 cm  $\times$  4 cm in size was arising from the anterior mitral leaflet and the adjacent left atrial wall near the anterolateral commissure and almost occluded the mitral orifice (Fig. 2). It was removed, and the valve was replaced with a size 31 Björk-Shiley prosthesis. Postoperatively, the septic shock remained uncontrollable despite all measures, and pulmonary hypertension continued at 52/35 mm Hg. Renal failure supervened from the second postoperative day, and he died of septic shock on the fifth day.

## Discussion

Mitral obstruction complicating bacterial endocarditis

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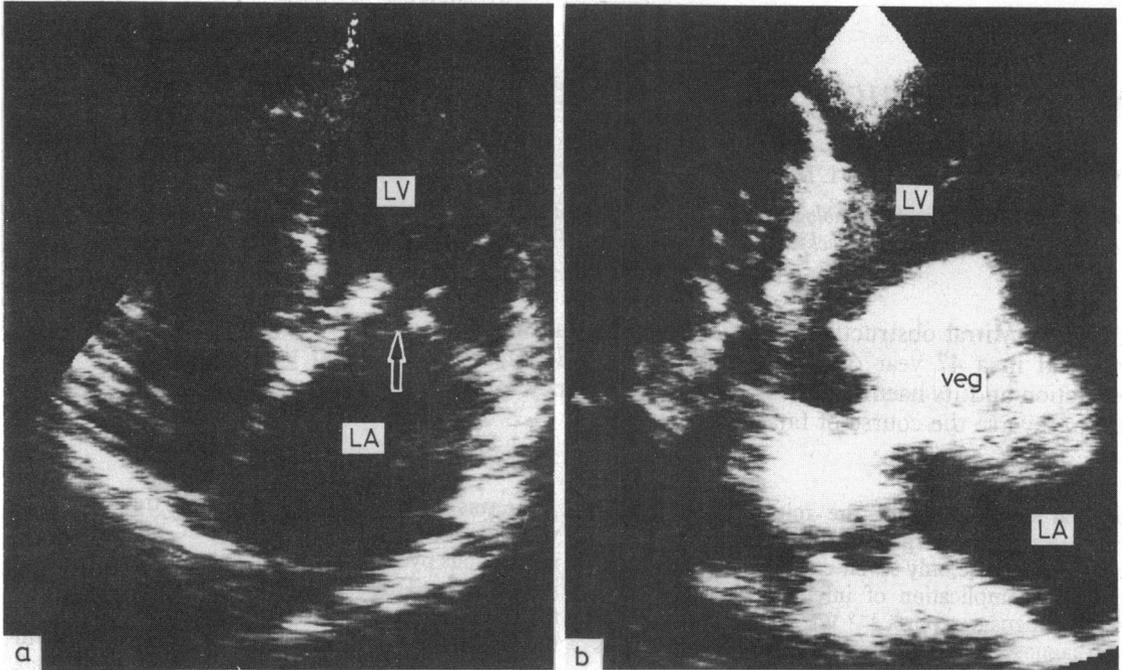


Fig. 1 Cross sectional echocardiograms (a) in a four chamber apical view showing enlarged left atrium (LA) and thickened mitral leaflets (arrow). No vegetation can be seen. Left ventricle (LV) is of normal size; (b) in a modified four chamber apical view three weeks later showing a huge vegetation (veg) occluding the mitral orifice and extending into both the LA and LV.

is very rare and mortality is high. If this case is added to the seven reported cases already mentioned only three of eight (37.5%) patients have survived (Table). Of these eight, five underwent mitral valve replacement. The three survivors<sup>5,6,8</sup> were operated on

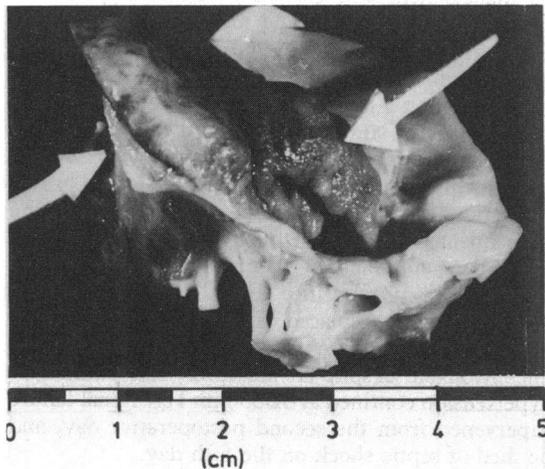


Fig. 2 Morphological appearance of resected mitral valve seen from above showing huge mass arising from anterior mitral leaflet and left atrial wall at anterolateral commissure and nearly occluding mitral orifice (arrows).

promptly after the diagnosis of endocarditic mitral obstruction had been made by echocardiography or cardiac catheterisation or both. Among the non-survivors one patient<sup>7</sup> was operated on in a rapidly deteriorating haemodynamic state and with congestive failure. He died seven days later from septic shock and a cerebrovascular accident. Our patient was similarly referred in a moribund state to surgery after 30 days in hospital and too long a trial of conservative management. He too succumbed to septic shock five days after the operation. Of the three other reported cases, one was a necropsy finding in a patient who died four months after a normal delivery from a full-term pregnancy.<sup>3</sup> The other two who were treated conservatively had a very rapid downhill course and died after 10 and eight days respectively.<sup>4,9</sup>

Cerebrovascular events occurred in four patients,<sup>3,5-7</sup> possibly due to embolism. In another patient, who died in coma and renal failure, at necropsy bacterial vegetations were also noticed beneath all three aortic cusps.

Echocardiography is important for prompt, accurate, early diagnosis<sup>10,11</sup> since emergency mitral valve replacement early in the clinical course may become mandatory. It may detect vegetations as small as 2 mm in diameter. Bacterial vegetations mimicking mitral stenosis have been found.<sup>12</sup> In an M mode

echocardiogram the posterior mitral leaflet is difficult to differentiate from an echogenic mass obstructing the mitral orifice in later diastole. Nevertheless, dense echoes occurring soon after mitral valve opening would indicate an obstructing echogenic mass rather than valvar mitral stenosis. Left atrial myxoma may also resemble this lesion, but then there will be a mass of echoes from the body of the left atrium continuous with the atrial septum in the cross sectional echocardiogram. A sterile left atrial thrombus is difficult to differentiate by echocardiography from an obstructing vegetation due to mitral endocarditis, but the clinical picture of the latter should help in diagnosis. Our serial study is unique in showing rapid growth of a vegetation so that in three weeks it became a giant mass which occluded the mitral orifice. This finding has not been previously reported. The cross sectional echocardiographic evidence was diagnostic and correlated with the operative findings. Nevertheless, contrary to our finding, Sheikh *et al* reported little or no change in the echocardiographic size of vegetations in 27 patients over a period of six weeks unless systemic embolisation occurred.<sup>13</sup>

Two types of vegetations are found in the mitral valve: (a) a globular or elongated mass as seen in five cases and (b) multiple verrucae occluding the mitral orifice as seen in two. The vegetations showed no predilection for site in the mitral apparatus. The post-

erior leaflet was the site in two patients, whereas the anterior leaflet was the primary area in three cases. The site of the vegetation was not mentioned in two cases. Signs of earlier rheumatic disease were noted in six.

In conclusion, mitral obstruction due to bacterial endocarditis is a dangerous complication with a rapidly deteriorating course often causing cerebrovascular accidents. Prompt diagnosis with M mode and cross sectional echocardiography alone should lead to emergency mitral valve replacement. Mitral valve replacement in bacterial endocarditis has usually been advocated in congestive heart failure due to mitral regurgitation or systemic embolisation.<sup>14</sup> We consider that the documentation of the rare possibility of mitral obstruction by vegetations should also indicate valve replacement early in the clinical course. Cardiac catheterisation is unnecessary,<sup>11</sup> and may increase the risk of embolism. Delayed surgical intervention may not be adequate to reverse the course of fatal septic shock.

#### References

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Table Previously reported cases of mitral obstruction in bacterial endocarditis

Author and year	Age/sex	Signs of rheumatic disease	Echocardiography or cardiac catheterisation or both	Surgery/necropsy findings	Organism	Treatment	Result
Roberts <i>et al</i> <sup>3</sup> 1967	21/F	Present	Not done	Vegetations from LA filled MV orifice	$\beta$ Haemolytic streptococcus		Died after 1 mth
Reeve <i>et al</i> <sup>4</sup> 1974	36/M	Present	Not done	Multiple vegetations on AML, aortic cusps involved	<i>Staphylococcus aureus</i>	Medical	Died after 10 days
Matula <i>et al</i> <sup>5</sup> 1975	51/M	Present	Multiple dense mitral echoes; EF slope less than 10 mm/s; RV enlarged; catheterisation confirmed MS; severe PH	A large vegetation occluding MV orifice	<i>Staphylococcus aureus</i>	MVR (porcine xenograft)	Survived
Copeland <i>et al</i> <sup>6</sup> 1979	52/F	Present	Decreased motion of AML; multiple adjacent echoes from LA aspect of AML; catheterisation confirmed MS	Multiple obstructive vegetations, each 2 mm $\times$ 3 mm; MV orifice 1.5 cm <sup>2</sup>	Negative	MVR (porcine xenograft)	Survived
Alam <i>et al</i> <sup>7</sup> 1979	65/F	Absent	Reduced EF slope; increased mass of echoes in latter 3/4 of diastole behind AML; CSE showed obstructing mass in diastole adherent to MV in systole; no fibrous continuity with septum	Soft brownish globular mass from PML, 4 cm in diameter	$\beta$ Haemolytic streptococcus	MVR (porcine xenograft)	Died after 7 days from CVA, septic shock
Waller <i>et al</i> <sup>8</sup> 1982	37/M	Present	Typical MS in M mode echo; catheterisation showed mean diastolic mitral gradient of 26 mm Hg		<i>Staphylococcus aureus</i>	MVR	Survived
Grenadier <i>et al</i> <sup>9</sup> 1983	40/M	Absent	Huge mass 3.5 cm $\times$ 4 cm from PML in CS and M mode echoes	Giant globular mass from PML; several abscesses in myocardium	<i>Staphylococcus aureus</i>	Medical	Died suddenly after 8 days
Ghosh <i>et al</i> (present report) 1985	42/M	Present	Huge mass 3 cm $\times$ 4 cm occluding MV; minimal MR on Doppler sampling; serial documentation of growth of mass over 3 week period	Brown large mass 2 cm $\times$ 4 cm from AML and LA wall at ALC	<i>Streptococcus viridans</i>	MVR (Björk-Shiley prosthesis)	Died after 5 days from septic shock

MV, mitral valve; AML, anterior mitral leaflet; LA, left atrium; PML, posterior mitral leaflet; RV, right ventricle, MVR, mitral valve replacement; CSE, cross sectional echocardiography; MR, mitral regurgitation; MS, mitral stenosis; ALC, anterolateral commissure; PH, pulmonary hypertension.

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